



**Preston Seton Gosford  
Area Partnership Funding Project Proposal  
Please return to the [psg-ap@eastlothian.gov.uk](mailto:psg-ap@eastlothian.gov.uk)**



**Summary Page**

<b>Organisation Name:</b>	<b>The Pennypit Community Development Trust</b>		
<b>Type of Organisation:</b>	<b>Charity</b>		
<b>Project Name:</b>	<b>Pennypit Trust Befriending</b>		
<b>Area Plan Priority:</b>	<b>1:1 , 2:1, 2:2, 3;1, 3:2</b>		
<b>Funding Requested:</b>	<b>£4,966.80</b>		
<b>Total Project cost:</b>	<b>£40,000</b>		
<b>Project Proposal:</b>	<b>Start Date:</b>	<b>1<sup>st</sup> June 2024</b>	<b>End Date:</b> <b>30<sup>th</sup> May 2024</b>

**Please use this link to view the area plan [here](#)**

**1. What do you want to do? Summarise your project. (Max 200 words)**

If successful, we would use the funding in 3 ways.

Firstly, we would purchase equipment that we do not currently have which will allow us to run our provisions with more efficiency and ease. We will further ensure that the equipment purchased is more cost effective when running and energy friendly keeping in line with east Lothian climate change strategy and further reflects are plan section 2:2.

Secondly, we will use the money towards food costs for Pennypit deliveries, this allow us to provide 50 2 course meals weekly to our service users. This is essential in reducing food insecurities and social isolation within the community of Prestonpans which links in with the area plan section 3:1 and 3:2.

Thirdly, we will use the money to provide a volunteer staff training and well-being day for the volunteers who work on our provisions. Without our volunteers our services would not be able to run as efficiently and smoothly which aligns area plan outcome 1:1.

**2. What difference do you want to make? E.g. (example)(Max 200 words)**

As a befriending service the primary difference we wish to make in the community is to enhance the quality of life for those who experience social isolation and loneliness. We further aim to work towards reducing food poverty and insecurity by providing access to hot meals and safe spaces. We further aim to improve mental and physical well-being by providing access to nutritious meals, exercise and interaction.

We want to promote independence and quality of life for our service users by offering lifts and opportunities for them to get out and about within the community. This in term gives support to their caregivers and families by providing an opportunity of respite for them while their families are at our provisions.

We will improve local partnerships within the community and build and encourage strong community connections. We further aim to improve intergenerational connection within the community by offering voluntary opportunities and work experience to young adults within the community. Furthermore offering access back into the world of work and provide low pressure opportunity's for volunteers.

<p><b>3. Why are you the right organisation to deliver this project proposal? (Max 100 words)</b></p> <p>We have seen the effects that these services have had and the need for them is still paramount to the development within our community. We have seen a variety of individuals from different backgrounds massively improve mentally from these services, those who were very reluctant to socialise now jump at any opportunity offered locally and assist in encouraging, welcoming and socialising with others who are slightly struggling. This funding will allow us it continue to deliver these vital projects and make the running more efficient and cost effective while supporting our volunteers.</p>
<p><b>4. Why is the project proposal needed? Please provide evidence i.e. (Max 100 Words)</b></p> <p>We have seen the effects that these services have had and the need for them is still paramount to the development within our community. We have seen a variety of individuals from different backgrounds massively improve mentally from these services. These services allow us to decrease social isolation within the community while reducing food poverty and insecurities. Service users have created a strong network of peer support and these projects allow these to continue and grow Funding will allow us it continue to deliver these vital projects and make the running more efficient and cost effective while supporting our volunteers.</p>
<p><b>5. Who do you want to help?</b>  e.g. Please provide separate numbers for children, young people, working age adults, and elderly people. How will you ensure that this project proposal reaches those in your community who need it most?  (Max 200 Words)</p> <p>Our Projects focuses on working with the elderly members within the community. We run 5 Projects over the week. Time for tea has on average 20 members weekly. Walking football on a Tuesday works with on average 25 men. Lunch with the Bunch on a Thursday has on average 40 participants. Finally, on a Pennypit Deliveries we provide meals to 50 service users. We will ensure that the proposal reaches those in the community that need it the most through pre-existing links within our community. These links are with GPs, Occupational therapists, and community link workers where they identify and refer to members of the community who would benefit from help that we provide through our services and programs. These projects allow us to relieve the pressure off our service users' families by offering respite while they are at our provisions. We also support volunteers to feel a sense of self-worth and give them some responsibility and confidence.</p>
<p><b>6. How many volunteers will be involved in the project proposal?</b>  <b>15 from PSG Ward</b></p>
<p><b>7. How will you show that your project proposal has made a difference? i.e. (Max 100 Words)</b></p> <p>We gather regular feedback from our service users and volunteers the helps us to track the progress of our projects and individuals. We collect quantitative and qualitative information which allows us to measure success of the provisions. We further track difference through focus groups. Service user have been expoling funding options for the Pennypit trust – example- dynamic earth and we have been successful in achiving this due to their referral</p>
<p><b>8. How will this project proposal be supported beyond the Area Partnership funding, if applicable? (Max 100 Words)</b></p>

The Trust has secured a year's funding from the Community Mental Health fund, Royal Bank of Scotland, CO – local community fund. Future funding alongside the partnership application will fund the team of befrienders to deliver this provision. Finally, the project will enlist the help of volunteers who alongside paid members of staff will help to run the services provided and work alongside VCEL as a supported partner.

**9. Please provide a breakdown of project proposal costs.**

<b>Items to be purchased or activity to be supported with workings i.e. 10 pots of paint £2 x 10</b>	<b>Supplier</b>	<b>Cost</b>
<b>Equipment ( Purchase new and update to ensure more cost effective and energy efficient)</b>		<b>£</b>
<b>Air Fryer</b>	<b>Ninja</b>	<b>£269</b>
<b>Pressure cooker</b>	<b>Ninja</b>	<b>£319</b>
<b>Hot Hold</b>	<b>Nisbets</b>	<b>£549.99</b>
<b>Food Processor</b>	<b>Ninja</b>	<b>£169.99</b>
<b>Hand Blender</b>	<b>Argos</b>	<b>£20</b>
<b>Oven Trays</b>	<b>Nisbets</b>	<b>£121.18</b>
<b>First aid kit &amp; Burns Kit</b>	<b>Nisbets</b>	<b>£96</b>
<b>Heat pads</b>	<b>Amazon</b>	<b>£10</b>
<b>Temperature Gage ( x2)</b>	<b>Amazon</b>	<b>£11.98</b>
<b>Soup Kettle (x2)</b>	<b>Nisbets</b>	<b>£109.98</b>
<b>Tea pots (x12)</b>	<b>Nisbets</b>	<b>£97.68</b>
<b>Cake stands ( Afternoon Tea x12)</b>	<b>Amazon</b>	<b>£92</b>
<b>Food cost – Pennypit deliveries ( 50 2 course meals a week)</b>		
<b>Food Cost-</b>		
<b>£50 per week food cost X 52 weeks</b>		<b>£2600</b>
<b>Volunteer Training and wellbeing day ( feedback from volunteers suggestion in regards to training )</b> <ul style="list-style-type: none"> <li>- <b>Mental health First aid</b></li> <li>- <b>Policies and procedures</b></li> <li>- <b>Team building</b></li> </ul>		<b>£500</b>
<b>Total Cost of project Proposal:</b>		<b>£4,966.80</b>

**10.Finance**

**Can you please confirm if you have applied for or received any other funding to undertake this project proposal.**

<b>Funder</b>	<b>Amount</b>	<b>Confirmed/Pending - decision date</b>
<b>Mental Health Fund</b>	<b>£14,650</b>	<b>Confirmed</b>
<b>Bank Of Scotland</b>	<b>£9,464.00</b>	<b>Confirmed</b>
<b>COOP Local Community Fund</b>	<b>£1100</b>	<b>Confirmed</b>
<b>King Charles Fund</b>	<b>£10,000</b>	<b>Pending</b>
	<b>£</b>	
<b>Total</b>	<b>£35,214</b>	

**Declaration**

- ❖ I/we confirm that the information set out in this Funding Project Proposal Form, any appendices and any enclosed accompanying documents are correct.
- ❖ I/we confirm if there are any changes to the project proposal including any new funding awarded, Area Partnership (psg-ap@eastlothian.gov.uk) should be informed immediately.

**Signed by Applicant or on behalf of the organisation requesting funding**

Sign: Lisairvine

Print Name: Lisa Irvine

Designation: Befriending Co-Ordinator

Date: 26/4/24

**Connected Communities Manager**

Signed:

Print Name:

Date: